

Journey Through the Mass

Parent Faith Talks
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Words Used for the Eucharist

- Eucharist (means ?)
- Body and Blood
- Body, Blood, Soul and Divinity
- Blessed Sacrament
- Body which will be given up for you
- Blood of the New and Everlasting Covenant
- Sacrifice
- Source and Summit of our Faith
- Holy Communion
- Christ's Flesh
- Bread of Life
- Host, unconsecrated or consecrated
- Real Presence (25% Catholics believe)
- Hopefully not these
 - Obligation
 - Boring

Symbols for Eucharist

- Wheat
- Grapes
- Loaves of Bread
- Wine
- Hosts
- Altar
- And also in ...
 - Christ
 - Church

What does it mean to you?

- Grace
- Nourishment
- Real Presence, God amongst us
- Experience Jesus
- Adoration experience

Last Supper

- Matthew 26:26-30
- Mark 14:22-26
- Luke 22:14-20
- John 6:22-59 Bread of Life Discourse

Journey Through the Mass

- Introduction
- Celebration of the Mass
 - Introductory Rites
 - Liturgy of the Word
 - Liturgy of the Eucharist
 - Concluding Rites
- Sunday Mass
- Eucharistic Miracles

Intro: 4 Ways Christ Present in Mass

- Word
- Eucharist
- Minister
- Assembly

Intro: Preparation before Mass

- Starts at home
 - Reverence, avoid distractions
 - Read scripture readings
 - Don't eat 1 hour before mass begins
- Sacrament of Reconciliation
 - Required in case of grave sin
 - Not same as Penitential Rite
- Mass intentions
 - Offer Communion for intentions of person, event, problem

Intro: Arrive at Church

- Rich in symbols (involve our senses)
- Holy water--baptism, Trinity, cleansing
 - Travel to temple
 - What do I need to be cleansed of this week?
- Vestments
 - Notice color of season
 - Prayers
- Genuflect to Tabernacle, bow to Altar

Introduction: Vestments

- Purple—Repentant
 - Advent, Lent
 - Funerals
- White (Gold)—Joyful
 - Christmas, Easter
 - Solemnities, Funerals
- Green—Ordered
 - Ordinary Time, not at all ordinary
- Red—Sacrifice/Blood/Fire/Holy Spirit
 - Pentecost, Good Friday
 - Martyrs

No Other Mass Like This One

- People
- Place
- Issues/Concerns/Experiences
- Dynamics

Participate!

Standing, Kneeling, Sitting

- Standing is a sign of respect and honor.
 - A people redeemed by the blood of Christ.
 - Celebrant and the other ministers process into the church.
 - Reading of Gospel because we acknowledge that it is Christ himself speaking to us.
 - In USA, normal posture for the reception of Holy Communion.
- Kneeling signified penitence in the early Church:
 - Signify humble adoration.
 - During the Eucharistic Prayer
 - From end of *Holy, Holy, Holy* until after singing the *Great Amen*.
 - Personal choice for reception of Holy Communion
- Sitting is the posture of attentive listening and of meditation.
 - Readings before the Gospel and the homily
 - May also sit for the period of meditation after Holy Communion.

Sacred Music

- *Liturgy is "the participation of the People of God in 'the work of God'";*
 - *It is the "exercise of the priestly office of Jesus" in which God is worshiped and adored and people are made holy.*
 - *God begins the work of sanctifying people in time and space and brings that work to completion.*
 - *Those who respond to God in worship and in service are given the privilege of becoming co-workers in the divine plan.*

From Built of Living Stones

- Raise our minds and hearts to God.
- Respond to God's presence
- Co-workers in God's divine plan
- God gave us our voices, make Him listen to it!

Journey Through the Mass

Outline

- Introduction
- Celebration of the Mass
 - Introductory Rites
 - Liturgy of the Word
 - Liturgy of the Eucharist
 - Concluding Rites
- Sunday Mass
- Eucharistic Miracles

Introductory Rites

- Entrance song, praising God, raise our hearts
- Processional: cross, candles, sometimes incense
 - Crucifix = symbol of sacrifice and resurrection
- Venerate altar
 - Altar = Body of Christ
 - Altar cloth = Burial Cloth
 - Kiss altar = Kissing Christ faithfully in contradiction to kiss of Judas
 - Last Supper
 - Altar of Sacrifice
 - Tomb of Saint, Relic
 - Altar Candles = Light of Christ
- Penitential Rite
 - Sprinkling rite, reminder of baptismal promises
 - Confiteor = “I confess”
 - Other formulas
- Kyrie
- Gloria: Glory to God for forgiveness just received
- Collect=Opening prayer
 - Let us pray! What should we all be doing during the pause?
 - Praying!
 - Listen carefully—theme of Mass

Liturgy of the Word

What is God saying to me through scripture?

Exodus: What do I need to be saved from?

Where have I been saved already?

- 1st reading: Old Testament, Prophets
- Responsorial Psalm: Psalm + response >>participate
- 2nd reading: New Testament
- Gospel Acclamation: Phrase related to gospel
- Gospel
 - Blessing from priest
 - Procession w/Book of Gospels (candles, incense)
 - Mathew, Mark, Luke, John
 - Read by deacon, if present
- Homily
 - Explanation, context
 - How might we apply it today--heart, head, hands
- Profession of Faith, Creed--summary of our faith, what we believe
- Prayers of faithful: Priest + Deacon

Liturgy of the Eucharist

Preparation of the Gifts

- Preparation of the altar: Deacon- corporal, chalice, paten, chalice pall, cruet of water, Roman Missal
- Offertory Procession
 - Bread and wine
 - From people to sacrifice, book of prayer intentions
- Deacon hands hosts to priest
 - place your blessings with the hosts
- Deacon's cup--deacon prepares the cup, prayer
 - Water to wine
 - Lance in side of Christ
 - Take our pains, struggles, hurts to Christ, (meditation)
- Washing of hands: “Lord was away my iniquity; cleanse me from my sin.”
- Prayer over the gifts: “Lord God, may the gifts we offer increase our love for you and bring us to eternal life. We ask this in the name of Jesus the Lord”

Liturgy of the Eucharist

Eucharistic Prayer, Part 1

- Eucharistic Prayer
 - Don't miss the moment
 - Priest acts "in persona Christi"; Deacon does not consecrate
- Eucharist Prayer I, Roman Canon
 - Thanksgiving (especially in Preface), in name of the entire holy people, give thanks for whole work of salvation
 - 4 Main, 2 Reconciliation, 4 Various Needs
- Acclamation
 - Sanctus=Holy, Holy, Holy
 - Whole congregation with priest
- Epiclesis
 - Invoke Holy Spirit: hands over bread and wine, single ring
 - "Let you Spirit come upon these gifts to make them holy, so that they may become for us the body and blood of our Lord Jesus Christ."
- Institution Narrative
 - This is my body...
 - This is the cup of my blood...



Consecration

Liturgy of the Eucharist

Eucharistic Prayer, Part 2

- Anamnesis(a-nam`nes-sis) = Prayer after Consecration
 - Recalling to memory, make present, make real, continue the sacrifice
 - Blessed Passion, glorious Resurrection, Ascension to heaven
- Proclaim the Mystery of Faith:
 - Christ has died, Christ is risen, Christ will come again.
- Offering: Offer spotless Victim, now present
 - "In memory of his death and resurrection, we offer you Father, this life-giving bread, this saving cup."
- Intercessions
 - Church throughout the world, with Pope, Bishop and clergy
 - Those who have died: "Remember our brothers and sisters who have gone to their rest in the hope of rising again...with all the saints"
- Final Doxology = Elevation + prayer
 - Through Him, with Him, in Him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, for ever and ever. Amen.
 - **High point of the Mass!**

Liturgy of the Eucharist

Holy Communion

- Lord's prayer: “At the Savior’s command and formed by divine teachings, we dare to say..”
- Sign of peace
 - Sign of unity amongst differences,
 - “Look not on our sins, but on the faith of your Church..”
- Lamb of God
- Breaking of the Bread, Fracturing: Continue the Last Supper
 - Commingling: Breaks off small fraction of body and joins with blood
 - “May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.”
 - Every particle of the body and blood is body, blood, soul and divinity of Christ
- Communion
 - Behold the Lamb of God, behold him who takes away the sins of the world.
Happy are those called to the supper of the Lamb.
 - Lord, I am not worthy to receive you under my roof but only say the word and my soul shall be healed.
 - The Body of Christ, The Blood of Christ—Meet Christ
- Prayer after Communion (Let us pray)

Concluding Rite

- “Brief” announcements
- Final Blessing
 - Greeting: The Lord be with You. And with your Spirit.
 - Blessing (sometimes “Solemn blessing”)
- Dismissal
 - Deacon : “Go in peace, glorifying the Lord by your life!”
 - Be nourished, be strengthened by grace of the sacrament
 - Not that there won't be problems, struggles, pain, suffering
 - Go with Confidence and Trust
- Recessional hymn

Sunday Mass

- Eucharist is foundation of all Christian practice
- Community—belonging
 - Communion with Christ
 - Children up front can see: behave better, participate.
- Faithful to Christ and His Church--do this in remembrance of me
- Sunday--give witness in faith and charity
- Strengthen us for week ahead
- “Get to”

Outside of Mass: Adoration

- Monday, 8:30am - 4:30pm
- Wednesday, 8:30am - 8:30pm
- Friday, 8:30am – Noon
- Jesus in Tabernacle all the time!
- Come visit Jesus!

Thank you!

Questions?

Eucharistic Miracles

- Bolsena-Orvieto (1263)
- St. Lidwina (d. 1433)
- Many more...