



stephen
MINISTRY.

What Is Stephen Ministry?

Bear one another's burdens, and in this way you will fulfill the law of Christ (Galatians 6:2, NRSV).

Stephen Ministry is a one-to-one lay caring ministry. Caregivers – called Stephen Ministers— provide high-quality, confidential, Christ-centered care to people who are hurting. A Stephen Minister usually provides care to one person at a time, meeting with that person once a week for about an hour. Twice a month Stephen Ministers gather with their Stephen Leaders for supervision and continuing education.

A Stephen Minister helps people dealing with:

- Illness/hospitalization
- Family challenges
- Loneliness
- Death or serious loss
- Divorce
- Disability
- Faith issues
- Job loss
- Financial difficulties
- Stress of being a caregiver
- Life transitions

A Stephen Minister:

- * Listens
- * Encourages
- * Keeps confidences
- * Prays
- * Supports

For more information about Stephen Ministry or if you would be interested in becoming a Stephen Minister at St Elizabeth Ann Seton Parish, please call Marlene “Mo” Julian, Stephen Leader, 970-231-3211